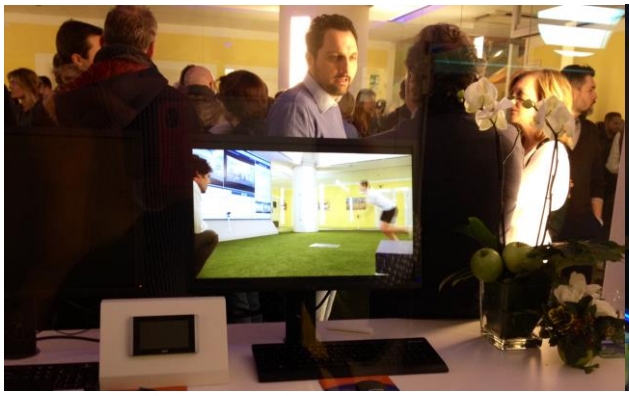
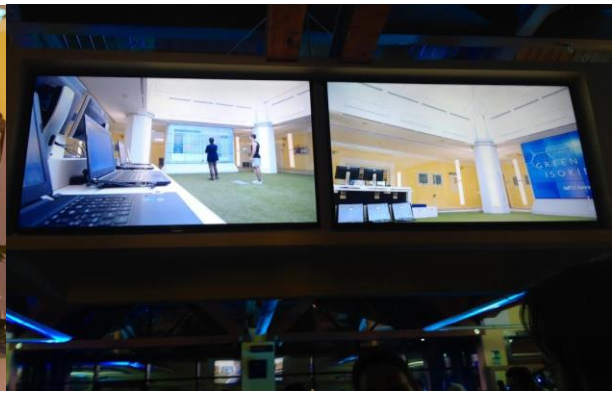
# O.A.S.I. BIORESEARCH FOUNDATION NEWSLETTER N° 2

Well the last few months have been very busy here at O.A.S.I. In January Doc was away in Carlsbad for a meeting and then teaching commitments at the University of San Diego, where he is a visiting professor.



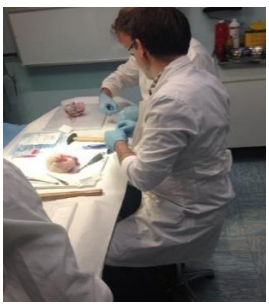
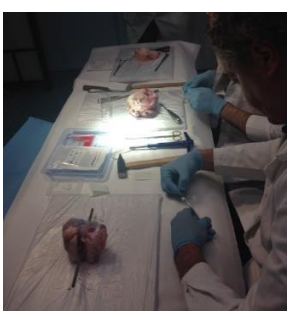
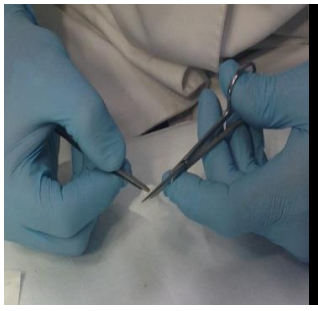


On 30th January Jane attended the ISOKENBETIC Green Room inauguration party at their headquarters in Bologna. An amazing facility for anyone suffering from sports injuries or not!

In February we organized a training day for 2 Hungarian doctors who will take part in the Anika FastTRACK study for which Doc is the principal Investigator.






The 7th February saw the arrival from Poland, Dr. Bartosz Gaj.

He was with us until the end of February.

During this time he conducted research, took part in a training day on the use of Hyalofast scaffold and BMAC along with 2 doctor's from Hungary as part of the Anika study. Observed surgery, PRP and LIPOGEMS.

We enjoyed having him here and hope he found his time with us useful.

The end of February saw Doc off to Orlando for the AAOS and ISAKOS meetings and then to the University of San Diego for further teaching sessions.






20th February was spend in the company of SDM Corse at the presentation of the 2016 team. Doc, unfortunately was sick and so unable to attend but Jane went.

SDM Corse believes that prevention is of the utmost importance for their riders and this is a belief that is also shared by Doc and DJO Italia who are technical sponsors for the team this year



Just before Easter Doc is going to Moscow for the ASTAOR congress where he is the Vice chair and will conduct a workshop on PRP.

We continue to collaborate with Dr. Graeme Whyte, our Canadian fellow from November 2015. He is now in New York ready to start his own practice and we wish him all the best! He is also now a member of the O.A.S.I. scientific committee.

PUBLICATIONS SO FAR THIS YEAR

- **Platelet Rich Plasma for the Treatment of Degenerative Cartilage Disease of the Knee and Hip – A Systematic Review** Cartilage CART-15-0066.R1 Authors: Laver, Lior; "Meir" Medical Center and Tel-Aviv University Hospital, Marom, Niv; "Meir" Medical Center and Tel-Aviv University Hospital, Lad, Dnyanesh; OASI Bioresearch Foundation, Mei-Dan, Omer; Sports Medicine and Hip Preservation Service, University of Colorado, Espregueira-Mendes, João ; Orthopaedics Department of Minho University, Minho, Portugal, Gobbi, Alberto; Orthopaedic Arthroscopy Surgery International,

- **One-step surgery with multipotent stem cells and Hyaluronic-based scaffold for the treatment of full-thickness chondral defects of the knee in patients older than 45 years** Alberto Gobbi · Celeste Scotti · Georgios Karnatzikos · Abhishek Mudhigere · Marc Castro· Giuseppe M. Peretti, January 2016 © European Society of Sports Traumatology, Knee Surgery, Arthroscopy (ESSKA) 2016

- **Articular cartilage solutions for the knee: present challenges and future direction** Aaron J Krych, Alberto Gobbi, Christian Lattermann, Norimasa Nakamura

Although we said goodbye to several members of staff last year, this year we welcome some new members to the team. In February Simona arrived to work with us part-time

Whats next for Doc and the team – Isokinetics in London, ICRS Meeting in Barcelona, TOBI in Las Vegas!

Our future in your hands.....

We are asking you to support these important initiatives by making a donation today. There are three ways to give:

1. Donate to the O.A.S.I. BioResearch Foundation, which supports research studies and publications. The operating budget for 2016 is €100,000
2. Donate for a specific program; our Fellowship program gives the opportunity to young doctors from around the world to come to O.A.S.I. to learn new techniques and improve exsisting skills. The budget for each six month fellowship program is €15,000
3. Create an endowment, which ensures that our work can continue for years to come. We are currently seeking funds for the ongoing research and education missions of the Foundation.

Will you help solve cartilage, joint injuries and arthritis?